



## Commander's COVID-19 update

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CNRK/CNFK Family,

Hoping that everyone enjoyed a great Easter/Passover this past weekend, despite the weather. Through the combined community efforts and attention to health protection, we have continued to see improving numbers against COVID-19 in Korea—showing that the efforts are working and are needed to beat this virus. Do not let up!

There has been a huge collection of guidance, information, and directives that have come out in steady stream regarding personal and career impacts as a result of COVID-19. Our command PAO team has consolidated much of the "Korea pertinent" COVID information (including links to other resources) at CNFK's new command page: go to <https://www.cnic.navy.mil/regions/cnfk.html/>, then click under "For CNRK specific COVID-19 information" under the Commander, US Navy Region Korea Notification blue banner (<https://www.cnic.navy.mil/regions/cnfk/om/coronavirus-disease-2019.html>). In addition, Chief of Navy Personnel (CNP) has consolidated some information and references in the attached "Sailor-to-Sailor Newsletter—COVID-19 Edition." Over the past weeks, CNP's MyNavy HR team has implemented a number of initiatives to highlight important information for our Sailors, our Navy civilians and their families related to the ongoing COVID-19 pandemic. A while after we were already deep in the fight here in Korea and as the impact of COVID-19 began to be realized in CONUS, Navy released a number of major NAVADMINS that affect personnel policy changes. The attached COVID-19 special edition newsletter captures some of the high-level changes that Navy has made since March of this year. CNP also posted the newsletter to their website and social media platforms—these are excellent resources for you to have as ready-links on your devices.

Highlights in this edition include:

- . MyNavy Family and MyPCS Mobile apps
- . Meal Allowance Rules Modified for Sailors Restricted to Government Quarters
- . Navy Reservists Answer Call for COVID-19 Pandemic Relief Efforts
- . Stop Movement: No One Left Behind - Sailors, Families, and the Navy
- . NCIS: Beware of Coronavirus-Themed Scams
- . Temporary Changes for ID Card Issue
- . Navy Temporarily Modifies Urinalysis Guidance for COVID-19
- . Navy Authorizes Enlistment Extensions, Re-Entry Opportunities
- . Navy Mandates Protective Face Coverings: What You Need to Know
- . TAP Available Online for Transitioning Sailors

Know that:

- In US Navy Region Korea, we remain at normal US Navy grooming standards. If you have a question or concern about that, see your chain of command.
- Face mask guidance is promulgated for US Navy Region Korea: wear is required whenever accessing and in ROK Navy or ROK military facilities (in line with ROK military requirements), is required to access and use DECA Commissaries and AFES Exchanges and minimarts. Personnel

should don face masks whenever in a space where social distancing cannot be maintained, whenever they are in a situation in close proximity with people not operating under US/ROK HPCON-C health protection measures, and in public (as a show of good faith and sensitivity to host nation community). All black face masks are authorized for wear in uniform for US Navy in Korea—all hands will receive two black cloth face masks from CNFK or your host USFK installation command this week.

- The current DOD stop-movement lasts until 26 May. NPC detailers are currently working orders modifications for everyone directly affected by the stop-movement and to address any related effects that the stop-movement is causing to PCS timelines. If you have questions about your situation, contact your command personnel team and your detailer. The current stop-movement will not hold up your PCS actions such as household goods (HHG) pack-out or car shipment, though it may impact the delivery date. Work with your chain of command to make the best-informed decision for your situation.

- If you are PCSing or sponsoring anyone who is PCSing or has anyone arriving to your shop in the near future, be aware that they are required to complete a 14-day quarantine upon arrival to Korea. (If you are outbound, anticipate that you may have the same requirement, where ever you are going.) Plan accordingly to remain in quarantine for 14 days (e.g., enough clothes with no laundry, good book(s), etc.). If this pertains to you or someone you are supporting, contact your command personnel office to get the exact details on what to expect—we need to be 100 percent compliant on all quarantine requirements for our personnel!

MyNavy Portal (MNP) is now CAC-free. The CAC-free release provides access to MNP from any personal mobile device, utilizing multi-factor authentication, so our Sailors can more easily manage their Navy careers.

If you have ANY questions: ASK! Ask your chain of command; ask your ombudsman; e-mail us at CNFK-PAO@fe.navy.mil. We can't address it if we don't know that there is a question or concern, so reach out!

Thanks for the tremendous work you are doing to maintain our Fight Tonight readiness and posture, while leading as Navy and DOD's example for operational success and readiness in the face of COVID-19. This is a total team effort where one person can result in a big setback. You should be rightfully proud of the significant role that you are playing to make the US Navy efforts in Korea a success.

Sincerely,  
Buzz  
RDML Buzz Donnelly  
Commander, U.S. Naval Forces Korea  
#killthevirus

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